

## Accessing Dexcom Clarity from your computer and uploading your receiver

Dexcom clarity is a cloud-based depository for glucose data which allows you to look at your past glucose data, glucose patterns and trends.

- 1. Open web browser and go to https://www.clarity.dexcom.eu/
- 2. Click on "Dexcom Clarity for home users"
- 3. Put in your username and password and click "Login"
- 4. If you have not uploaded your receiver from your computer at home before, the following instructions will appear follow the steps

## We Don't Have Your Data Yet

Follow these steps to upload your data and see it displayed through Dexcom CLARITY. If you've previously completed Steps 1 and 2 on this computer, you can jump to Step 3.







- 5. For all future uploads, login to Dexcom clarity using the above instructions and just connect your receiver to your computer.
- 6. Dexcom receivers only store about 30 days of CGM readings. It is very important to upload your Dexcom receiver every 3 weeks to make sure we don't lose data.