Accessing Dexcom Clarity from your computer and uploading your receiver

Dexcom clarity is a cloud-based depository for glucose data which allows you to look at your past glucose data, glucose patterns and trends.
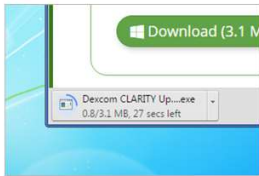
1. Open web browser and go to https://www.clarity.dexcom.eu/
2. Click on "Dexcom Clarity for home users"
3. Put in your username and password and click "Login"
4. If you have not uploaded your receiver from your computer at home before, the following instructions will appear – follow the steps
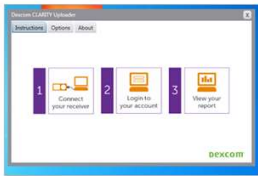
5. For all future uploads, login to Dexcom clarity using the above instructions and just connect your receiver to your computer.

6. **Dexcom receivers only store about 30 days of CGM readings. It is very important to upload your Dexcom receiver every 3 weeks to make sure we don't lose data.**