AOTEAROA DIABETES COLLECTIVE

PRIVATE DIABETES CLINIC REFERRAL GUIDE

Aotearoa Diabetes Collective (ADC) provides specialist care, education and support for adults and children living with diabetes, their whānau and healthcare professionals throughout Aotearoa New Zealand.

Hamilton | Thames | Tauranga | Online nationwide

www.aotearoadiabetescollective.org.nz

Ph: 07 834 0189

WHY REFER TO ADC?

Our experienced multidisciplinary team offers personalised, judgement-free diabetes care, taking time to understand each person's needs and what matters to them. Patients have a main clinician who draws on wider team expertise, whether they need a one-off assessment and clear care plan or ongoing support. We work alongside general practice and hospital diabetes services, keeping the patient's usual healthcare team informed.

Diagnosis & changing needs	Diagnosis clarification, new diagnoses, diabetes distress or burnout, CVD risk and complications, preconception planning and managing insulin and exercise.
Medicines & weight management	Medication review and optimisation, insulin starts or adjustments, hypoglycaemia and support with weight loss for cardiometabolic health.
Diabetes technology	CGM, insulin pumps and automated insulin delivery (AID): selection, starts, troubleshooting and ongoing support, including open-source AID systems.
Nutrition	Personalised nutrition advice, carbohydrate counting, weight management, glucose responses to different meals and food relationship challenges.
Children, diversity & life stages	Paediatric and adolescent care, support for neurodivergent whānau, preconception and postnatal care, and follow-up after gestational diabetes.

SERVICES & FEES

Initial appointment	$229
60-minute follow-up	$199
30-minute follow-up	$149
Care subscription	$25/week
Insulin pump start	$2,149

HOW TO REFER TO ADC

Refer through Specialist & Referrals in your practice management system, or complete our HCP referral form using the QR code, button below or via aotearoadiabetescollective.org.nz/referrals/

HCP REFERRAL FORM

CLINIC INFORMATION

Specialists & Referrals