

Pacific Diabetes Management Course



2026 Course Programme

- Eight-week webinar programme, presented weekly by Dr Ryan Paul, Endocrinologist, from Tuesday 15 September (NZ time).
- One webinar is presented each week at 6pm Tuesday (NZ time). **Please see the accompanying Session Times by Location page for times in other locations.**
- Recordings are available if you're unable to attend live.
- You need to complete the weekly feedback + MCQs to receive a certificate

Week 1: Healthy Living interventions, Metformin + Vildagliptin

Dr Ryan Paul, Endocrinologist. 15 September, 6pm (NZT) - [Zoom link](#)

Week 2: Sulfonylureas, Insulin + management of Hypoglycaemia

Dr Ryan Paul, Endocrinologist. 22 September, 6pm (NZT) - [Zoom link](#)

Week 3: New diabetes medications, technology + management algorithm

Dr Ryan Paul, Endocrinologist. 29 September, 6pm (NZT) - [Zoom link](#)

Week 4: Glycaemic, blood pressure + lipid targets & management

Dr Ryan Paul, Endocrinologist. 6 October, 6pm (NZT) - [Zoom link](#)

Week 5: Diabetes & sick day management, pregnancy + driving

Dr Ryan Paul, Endocrinologist. 13 October, 6pm (NZT) - [Zoom link](#)

Week 6: Management of complications related to diabetes

Dr Ryan Paul, Endocrinologist. 20 October, 6pm (NZT) - [Zoom link](#)

Week 7: Management of diabetes in inpatients, prediabetes + type 2 diabetes in youth

Dr Ryan Paul, Endocrinologist. 27 October, 6pm (NZT) - [Zoom link](#)

Week 8: Diabetes & nutrition + practical tips - Soana Muimuiheata, Registered Dietitian

Diabetes and foot care + practical tips - Ramona Frost, Podiatrist

3 November, 6pm (NZT) - [Zoom link](#)



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