



ADVANCED DIABETES MANAGEMENT COURSE

Advanced Diabetes Management Course Programme:

This programme consists of participants attending eight webinars covering all aspects of type 2 diabetes management in the context of Aotearoa New Zealand.

Following the webinars, attendees are offered a range of mentoring sessions with the expectation that they will attend at least eight meetings in total.

WEEKLY WEBINARS:

- Held weekly from 13th May – Please refer to the timetable for specific dates
- Two presentations each week, one during work hours and one outside of work hours
- Webinars will be recorded to watch again at your leisure via Moodle

Webinar	Topic content:
1	Recent changes in diabetes care in Aotearoa New Zealand including the new management algorithm for type 2 diabetes
2	Lifestyle management + role of 'old' non-insulin glucose lowering therapies – focus on metformin, vildagliptin, pioglitazone + acarbose
3	'New' non-insulin glucose lowering therapies – focus on empagliflozin, dulaglutide + liraglutide
4	Sulfonylureas, insulin + management of hypoglycaemia
5	Role of continuous glucose monitoring + HbA1c & management of hypertension + dyslipidaemia
6	Management of complications related to diabetes
7	Diabetes and sick day management, pregnancy + driving
8	Screening for diabetes + management of prediabetes, non-type 2 diabetes + diabetes in youth

MENTORING SESSIONS:

- Multiple mentoring sessions hosted each week both inside and outside of working hours

Mentoring session content:

- **Case studies** sent in by attendees and presented by the facilitator
- **Guest speakers** providing perspective, tips and tricks from the wide MDT
- **Specialist advice** with either an accredited Diabetes Nurse Specialist, Nurse Practitioner or Endocrinologist facilitator

MULTICHOICE QUIZ:

- Two multiple choice questions every week
 - Each requiring 100% pass rate with unlimited attempts
- MCQ are incorporated in the attendance & feedback quiz on Moodle